

# 2024 Missoula Mammoths Mountain Bike Team Expectations

## For Athletes: Attendance and General Expectations

- Attend half of all practices, at a minimum
- Attend at least one race day. Find dates on <u>missoulamammoths.com/schedule</u>
- High School only- full participation in at least one trail maintenance day
- Adherence to <u>NICA Code of Conduct</u> (Safe, Responsible, Respectful)
- Use TeamSnap to check in to each practice, special event, and race
- Arrive on time and prepared to ride (water, jacket, equipment, etc)
- Failure to meet expectations may result in losing your "Returning Athlete" status for the following year. If you have a special circumstance that may affect your ability to meet these expectations, please communicate with us ASAP to discuss.

## For Parents and Guardians: Equipment and General Expectations

- Athletes must have a working bike, safe fitting helmet, and appropriate clothing for their needs, including a rain jacket for every practice. All Athletes must also carry their own water (CamelBak, water bottles, etc), bring a snack, and have basic repair kits with them on their bikes (at a minimum- spare tube and pump).
- If you need help with equipment or bike maintenance, please reach out!
- **Use TeamSnap to check in** to each practice, special event, and race (younger athletes) or reinforce your athlete must consistently do their own check-ins (older athletes).
- Parent and Guardian volunteering is highly encouraged- and while volunteer hours are not required, they are what makes practices, events, and race days run smoothly. Please review volunteer requests when you see them, and offer your time when you are able.
- Communicate if an athlete will have a planned absence beyond just one practice.
- Communicate if an injury/illness occurs (either during practice, or outside of practice) so we can plan for absences or accommodations if needed.
- Arrive on time and double check your athlete is prepared to ride.

#### For Parents and Guardians: Financial Expectations

- **Understand and adhere to the schedule of both fee payments and jersey requirements**. Please email us to inquire about our scholarships or discuss other needs.
- Total Fees in 2024 are \$525 for Middle School, \$550 for High School
  - Montana League Fee: \$275 (MS) / \$300 (HS) paid via PitZone
  - Missoula Mammoths: \$250 (same MS/HS) paid via RegFox
- Scholarships links are here: missoulamammoths.com/2024-mammoths-registration/
- **Uniform (Race Jersey) costs are \$0- \$90 annually.** Some used jerseys may be available, and last year's jersey is fine for returning athletes that are not switching to a new HS team. New jerseys run \$40-\$90 roughly depending on style and type. Athletes must wear a jersey to race. Ordering of new jerseys is once-a-year-only and planned for early July.

#### Find more information at missoulamammoths.com – Email us at missoulamammoths@gmail.com